HED 366: Human Sexuality

The goal of Health Education 366 is to increase students’ cognitive competence and understanding of human sexuality concepts, based on concepts derived from scientific research and theory. This course also aims to promote sexual health, defined here as the integration of the biological, emotional, intellectual, and social aspects of sexuality in ways that are positively enriching. Students will have the opportunity to analyze and reflect upon their own sexuality as well as to study the many forms of human sexual expression.

Prerequisites

None.

Course Organization

This course is divided into four learning modules containing a total of twelve lessons. Each lesson contains learning objectives, key concepts, a reading assignment, instructor’s commentary, and study questions. All lessons within a learning module must be completed before moving onto the next module.

Topics include:

Module 1
Lesson One: Perspective on Our Sexuality
Lesson Two: Gender- and Sex-Based Role Behavior
Lesson Three: Anatomy and Sexual Response

Module 2
Lesson Four: Love, Relationships, and Communication
Lesson Five: Sexual Expression
Lesson Six: Birth Control

Module 3
Lesson Seven: Pregnancy and Childbirth
Lesson Eight: Sexuality in the Life Cycle
Lesson Nine: Sexually Transmitted Diseases

Module 4
Lesson Ten: Sexual Orientation
Lesson Eleven: Social Issues and Sexuality
Lesson Twelve: Sexuality Education

Required Materials

The reading for this course comes from the following text:

The course consists of several computer-graded assignments (true/false, multiple choice questions), eight (8) instructor-graded assignments (short essay questions and personal reflection exercises), a midterm exam, and a final exam. An instructor is available throughout the course via a message center to answer questions and provide guidance.

<table>
<thead>
<tr>
<th>Assignment Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor-Graded Assignments</td>
<td>17.66%</td>
</tr>
<tr>
<td>Computer-Graded Assignments</td>
<td>19.84%</td>
</tr>
<tr>
<td>Midterm Exam</td>
<td>31.25%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>31.25%</td>
</tr>
</tbody>
</table>

Both exams must be taken in a proctored location, with arrangements to be made by the student. Each exam will consist of multiple-choice, true/false, and essay questions. The Midterm covers material from Lessons 1 through 6, and the Final covers material from Lessons 7 through 12.

In addition to earning the minimum number of points on assignments to receive a passing grade, students must earn a score of at least 60% on the final exam in order to receive a passing grade in the course.

This course is independent study and is self-paced. Students have five (5) months upon registration in which to complete all coursework, plus an additional thirty (30) days in which to take the final exam.

University Extension

For more information about University Extension courses and policies, please visit www.utextension.org. Questions may be directed to our office at (512) 471-2900 or uex@austin.utexas.edu. Office hours are M – F, 8 a.m. – 5 p.m. CST.